
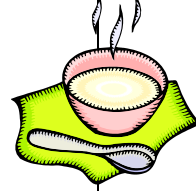

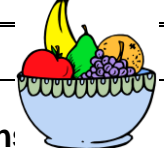



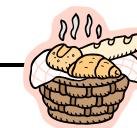
2020-21 Fall – Winter Menu

Grove Manor

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 2	Jan 25	Nov 3	Jan 26	Nov 4	Jan 27	Nov 5	Jan 28	Nov 6	Jan 29	Nov 7	Jan 30	Nov 8	Jan 31
	Nov 30 Dec 28	Feb 22 March 22	Dec 1 Dec 29	Feb 23 March 23	Dec 2 Dec 30	Feb 24 March 24	Dec 3 Dec 31	Feb 25 March 25	Dec 4 Jan 1	Feb 26 March 26	Dec 5 Jan 2	Feb 27 March 27	Dec 6 Jan 3	Feb 28 March 28
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal		 Red River Waffles Bacon Fruit or Cold Cereal		Rolled Oats Poached Eggs Toast Fruit or Cold Cereal		Red River French Toast Fruit Yogurt or Cold Cereal		Rolled Oats Scrambled Eggs Toast Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal		Rolled Oats Pancakes Bacon Fruit or Cold Cereal	
Lunch														
Soup	Tomato		French Onion		Cream of Mushroom		Chicken Noodle		Potato		Vegetable Medley		Barley	
Entree	Dry Ribs Potato Wedges Stir Fry Veggies		Egg Salad Sandwich Chef Salad Tomato Wedges		Fish & Chips Coleslaw		KFC Style Chicken Roasted Mini Potatoes Spring Salad Mix		Chili & Bun Tossed Salad		Rubeen Sandwich Macaroni Salad Cucumber Slices		Ham and Pineapple Pizza Romaine Salad	
	Dessert: Cheese Cake		Dessert: Mandarin Orange		Dessert: Cookie & Pineapple		Dessert: Mixed Fruit		Dessert: Square & Watermelon		Dessert: Fresh Fruit		Dessert: Orange Cake	
Supper														
Entrée	Meatballs in Mushroom Sauce Brown Rice Peas & Carrots		Chicken Breast Buttered Noodles Green Beans		Pork Chops Mashed Potatoes Gravy PEI Mix		Beef Ribs Baked Potato Corn on the Cob		Baked Fish Steamed Rice Brussel Sprouts		Omelet Hash brown: Sausage Tomatoes		Chicken & Dumplings Mixed Vegetables	
Dessert	Yogurt 		Grapes		Rice Pudding		Butter Tart		Strawberries		Ice Cream		Apple Pie	
Alternate	Market Fish		Stroganoff		Turkey Pot Pie		KFC Chicken		Dry Ribs		Chicken Legs		Beef Pot Pie	
Condiments	• Bread • Margarine • Butter •													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.



Menu may change without notice.