









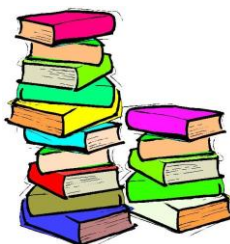


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Activity Programs Take Place in the C/D Room Unless Otherwise Posted. Limit of 10-15 people per activity. Check Sign-Up Sheet.</p>	<p>Please check the white board next to the Manager's office daily for changes to the recreation calendar</p>	<p>For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203</p>		<p>1</p> 	<p>2</p> 
<p>3</p> 	<p>4 10:00 Exercises 10:45 Exercises 1:00 Travel Movie-The Ukraine 2:15 Travel Movie-The Ukraine</p>	<p>5 10:00 Exercises 10:45 Big Brain 1:00 Bingo 2:30 Chair Dancing Exercise Class</p>	<p>6 <i>Ukrainian Christmas Eve</i> 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Mini Golf 2:30 Interdenominational Church Service</p>	<p>7 <i>Ukrainian Christmas Day</i> 10:00 Exercises 10:45 Catholic Mass 1:00 Afternoon Music 2:15 Afternoon Music 3:30 Lutheran Church Service</p>	<p>8 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Happy Hour</p>	<p>9</p> 
<p>10</p> 	<p>11 10:00 Take Down Christmas Decorations 1:00 Large Group Crossword Puzzle 2:30 Cribbage Afternoon</p>	<p>12 9:15 Resident Council Meeting 10:15 General Resident Meeting 11:15 General Resident Meeting 1:00 Hymn Sing 2:15 Crafts</p>	<p>13 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Mini Golf 2:30 Interdenominational Church Service</p>	<p>14 10:00 Exercises 10:45 Catholic Mass 1:00 Movie Afternoon 3:30 Lutheran Church Service</p>	<p>15 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social</p>	<p>16</p> 
<p>17</p> 	<p>18 10:00 Exercises 10:45 Exercises 1:00 Nature Movie 2:30 Cribbage Afternoon</p>	<p>19 10:00 Exercises 10:45 Fit Minds 1:00 Bingo 2:30 Chair Dancing Exercise Class</p>	<p>20 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Bible Study 2:30 Interdenominational Church Service</p>	<p>21 10:00 Exercises 10:45 Catholic Mass 1:00 Wheel of Fortune 2:15 Virtual Music Concert 3:30 Lutheran Church Service</p>	<p>22 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Happy Hour</p>	
<p>24/31</p> 	<p>25 <i>Robbie Burns Day</i> 10:00 Exercises 10:45 Exercises 1:15 Health Presentation-Alzheimer's 2:00 Library Day 2:30 Cribbage Afternoon</p>	<p>26 10:00 Exercises 10:45 Fit Minds 1:00 Monthly Birthday Party with Afternoon Music 2:15 Monthly Birthday Party with Afternoon Music</p>	<p>27 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Bowling 2:30 Interdenominational Church Service</p>	<p>28 No Morning Programs 1:15 Singalong 2:30 Lutheran Church Service</p>	<p>29 No Morning Programs 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social</p>	<p>30</p> 