

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Programs Take Place in the C/D Room Unless Otherwise Posted	Please check the white board next to the Manager's office daily for changes to the recreation calendar and cancellation posters on the bulletin boards	For Bus Outings, Please Sign Up on Sign-Up Sheets on Clipboard beside the bulletin board by Laundry Room.	For More Information: Please contact Sandy, the Activities Convenor at 780-962-6149, Ext. 203	<b>1</b> 11:00-2:00 Foot Care Clinic 10:30 Exercises 1:00 Card Bingo 2:30 Vintage Vocals 6:00 Cribbage 7:50 CPS Singers	<b>2</b> 1:30 Bingo with Bryce 3:00 Pool with Bailey
<b>3</b> 	<b>4</b> 10:30 Exercises 1:30 Generation Program-Coffee Social with Students 2:45 Nature Movie 6:15 Music by Country Plaid	<b>5</b> 9:30 Big Brain 10:30 Exercises 1:30 Food Concerns Meeting 2:30 Taste and Travel Movie of Iceland & Greenland 6:30 Games Evening	<b>6</b> 9:00 Hearing Aid Clinic 10:30 Tick Tock Time 1:15 Mini Golf 2:30 Horse Races 6:00 Cribbage	<b>7</b> 9:30 Word Scrabble 10:20 Catholic Church Service-Library 10:30 Exercises 1:30 Hymn Sing 2:45 Shuffleboard Bowling 6:30 Scrabble	<b>8</b> 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 6:00 Cribbage	<b>9</b> 1:30 Bingo with Paul & Wendy 3:00 Pool with Paul & Wendy
<b>10</b> Daylight Savings Time 	<b>11</b> No Morning Programs 1:30 Spring Sale-Alia & Tan Jay Clothing Sale 6:10 Outing to the Seniors Fun Dance at Spruce Grove Pioneer Centre	<b>12</b> No Morning Programs 12:15 Bus Outing to Play at Horizon Stage 6:30 Games Evening	<b>13</b> 10:30 Tick Tock Time 1:15 Mini-Series-The Crown 2:30 Horse Races 6:00 Cribbage	<b>14</b> 9:30 Trivia 10:20 Catholic Church Service-Library 10:30 Exercises 1:00 Blood Pressure Clinic 2:00 St. Patrick's Day Party & Dance & Theme Day 6:00 Sequence	<b>15</b> 11:00-2:00 Foot Care Clinic 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 6:00 Cribbage	<b>16</b> 1:30 Bingo with Bryce 3:00 Pool with Bailey
<b>17</b> 1:30 Interdenominational Church Service	<b>18</b> 10:00 Catholic Mass 1:30 Raise A Reader 2:45 Darts 6:15 Music by Country Plaid	<b>19</b> 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:30 Beanbag Baseball with Generation Program Class 2:30 Crafts 6:30 Games Night	<b>20</b> 10:30 Exercises 1:15 Mini Golf 1:30 Bible Study 2:30 Horse Races 6:00 Cribbage	<b>21</b> 9:30 Word Scrabble 10:20 Catholic Church Service-Library 10:30 Exercises 1:30 Singalong 2:45 Wheel of Fortune 6:30 Yahtzee	<b>22</b> No Morning Programs 1:00 Card Bingo 2:30 Ice Cream Social 6:00 Cribbage	<b>23</b> 1:30 Bingo with Paul & Wendy 3:00 Pool with Paul & Wendy
<b>24</b> 	<b>25</b> No Morning Programs 1:00 Planetarium Visit-Telus World of Science 6:30 Night Star Gazing Bus Tour	<b>26</b> 9:30 Dominoes 10:30 Exercises 1:30 Health Topic-Nail Care 2:45 Floor Shuffleboard	<b>27</b> 10:30 Exercises 1:15 Mini-Series-The Crown 2:30 Horse Races 6:00 Cribbage	<b>28</b> 9:30 New Brain Game 10:20 Catholic Church Service-Library 10:30 Exercises 1:30 Monthly Birthday Party 2:00 Entertainment 6:30 Gin Rummy	<b>29</b> No Morning Programs 1:00 Card Bingo 2:30 Ice Cream Social 6:00 Cribbage	<b>30</b> 1:30 Bingo 3:00 Pool with Bailey
<b>31</b> 						