



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Programs Take Place in the C/D Room Unless Otherwise Posted. Limit of 10 people per activity.</p>	<p>Please check the white board next to the Manager's office daily for changes to the recreation calendar</p>	<p>1 10:00 Exercises 10:45 Big Brain 1:00 Crafts 2:30 Alliance Church Service</p>	<p>2 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Horse Races 2:30 Interdenominational Church Service</p>	<p>3 10:00 Exercises 10:45 Catholic Mass 1:15 Flu Season Health Presentation 1:45 Afternoon Walk 2:30 Lutheran Church Service</p>	<p>4 No Morning Programs 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social 6:30 Indoor/Outdoor Garden Party</p>	<p>5</p> 
<p>6</p> 	<p>7 Labour Day Holiday</p>	<p>8 10:00 Exercises 10:45 Fit Minds 1:00 Bingo 1:45 Bingo 2:30 Alliance Church Service</p>	<p>9 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Horse Races 2:30 Interdenominational Church Service</p>	<p>10 10:00 Exercises 10:45 Catholic Mass 1:15 Hymn Sing 2:30 Lutheran Church Service</p>	<p>11 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social</p>	<p>12</p> 
<p>13</p> 	<p>14 10:00 Exercises 10:45 Exercises 1:00 Afternoon Music 2:30 Afternoon Walk</p>	<p>15 10:00 Exercises 10:45 Fit Minds 1:00 Nature Movie 1:45 Nature Movie 2:30 Alliance Church Service</p>	<p>16 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Horse Races 2:30 Interdenominational Church Service</p>	<p>17 10:00 Exercises 10:45 Catholic Mass 1:15 Afternoon Movie</p>	<p>18 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social</p>	<p>19</p> 
<p>20</p> 	<p>21 10:00 Exercises 10:45 Exercises 1:15 Singalong 2:30 Singalong</p>	<p>22 <i>First Day of Fall</i> 10:00 Exercises 10:45 Fit Minds 1:00 Bingo 1:45 Bingo 2:30 Alliance Church Service</p>	<p>23 10:00 Exercises 10:45 Exercises 1:00 Wheel of Fortune 2:00 Fall Decorating 2:30 Interdenominational Church Service</p>	<p>24 10:00 Exercises 10:45 Catholic Mass 1:00 Monthly Birthday Party with Afternoon Music 2:30 Lutheran Church Service</p>	<p>25 10:00 Exercises 10:45 Exercises 1:00 Travel Movie 1:45 Travel Movie 2:30 Ice Cream Social</p>	<p>26</p> 
<p>27</p> 	<p>28 No Programs Today</p>	<p>29 1:00 Bingo 2:00 Bingo</p>	<p>30 1:00 Horse Races 2:00 Horse Races</p>	<p>A & B Courtyards Open to Enjoy Some Fresh Air and the Beautiful Garden Flowers. Please Respect Social Distancing and Stay 6ft. apart. Need assistance, please contact Sandy</p>	<p>For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203</p>	