




2020-21 Fall – Winter Menu

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 2	Jan 25	Nov 3	Jan 26	Nov 4	Jan 27	Nov 5	Jan 28	Nov 6	Jan 29	Nov 7	Jan 30	Nov 8	Jan 31
	Nov 30	Feb 22	Dec 1	Feb 23	Dec 2	Feb 24	Dec 3	Feb 25	Dec 4	Feb 26	Dec 5	Feb 27	Dec 6	Feb 28
	Dec 28	March 22	Dec 29	March 23	Dec 30	March 24	Dec 31	March 25	Jan 1	March 26	Jan 2	March 27	Jan 3	March 28
Beverages	Tea Coffee Lactaid Fruit Juice Buttermilk													
Breakfast	Oatmeal Waffles and Yogurt Toast and Fruit <i>or</i> Cold Cereal		Oat Bran Boiled Eggs Toast and Fruit <i>or</i> Cold Cereal		Cream of Wheat Breakfast Roll Toast and Fruit <i>or</i> Cold Cereal		Cornmeal French Toast and Cheese slice Toast and Fruit <i>or</i> Cold Cereal		Oatmeal Western Omelet Toast and Fruit <i>or</i> Cold Cereal		Cream of Wheat Breakfast Sausage Toast and Fruit <i>or</i> Cold Cereal		Oat Bran Toast and Fruit Cheese Slice <i>or</i> Cold Cereal	
Lunch														
Entree	Italian Meatballs on Shell Pasta Peas <i>or</i> Assorted Sandwiches		Potato & Cheddar Pyrohy Kovbasa Garden Salad <i>or</i> Assorted Sandwiches		Chicken Quesadilla Rice Peas & Carrots <i>or</i> Assorted Sandwiches		BBQ Pulled Beef on a Brioche Bun Zucchini <i>or</i> Assorted Sandwiches		Vegetable Lasagna Spinach Salad <i>or</i> Assorted Sandwiches		Baked Cheese Tortellini Tomato Sauce Tossed Salad <i>or</i> Assorted Sandwiches		Turkey Burger and Onion Gravy Wild Rice Cranberry Green Beans <i>or</i> Assorted Sandwiches	
Dessert	Chocolate Cream Pie		Apricot Halves		Butterscotch Pudding		Strawberries		Lemon Cream Cake		Fruit Cocktail		Ice Cream	
Soup	Carrot and Ginger		Borshch		Mushroom		Bean and Bacon		Chicken Noodle		Cream of Cauliflower		Beef and Vegetable	
Supper														
Entrée	Honey Mustard Chicken Breast Rice Pilaf Green Beans Entrée 2 Fish Sticks		Cowboy Steak in Red Wine Mashed Potatoes California Vegetables Entrée 2 Vegetarian Lasagna		Beer Battered Pollock Whipped Potatoes Italian Mix Vegetables Entrée 2 Pulled Pork		Pork Chop with Mushroom Sauce Whipped Potatoes Carrot Coins Entrée 2 Crunchy Perch		Salmon with Hollandaise Sauce Roast Potatoes PEI Mixed Veggies Entrée 2 Cantonese Pork		Honey Glazed Ham Scalloped Potatoes Peas Entrée 2 Chicken Fingers		Roast Beef Gravy Whipped Potatoes Glazed Carrots Entrée 2 Beef Sausage	
Dessert	Banana Cake		Apple Crisp		Lemon Meringue		Toffee Cake		Sliced Peaches		Apple Strudel		Pumpkin Pie	
PM/HS Snack	Mini Muffin		Sweet Cheese Bun		Bon Ton Special		Assorted Cookies		Croissants		Blueberry Coffee Cake		Danish	
Condiments	• Bread • Buns • Margarine •													

Soup And Dessert May Change Without Notice