





# 2020-21 Fall - Winter Menu

## Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 9	Feb 1	Nov 10	Feb 2	Nov 11	Feb 3	Nov 12	Feb 4	Nov 13	Feb 5	Nov 14	Feb 6	Nov 15	Feb 7
	Dec 7	March 1	Dec 8	March 2	Dec 9	March 3	Dec 10	March 4	Dec 11	March 5	Dec 12	March 6	Dec 13	March 7
<b>Beverages</b>	Tea   Coffee   Lactaid   Fruit Juice													
<b>Breakfast</b>	Oat Bran Cereal Scrambled Eggs Toast and Fruit <i>or</i> Cold Cereal		Cream of Wheat Cereal Toast and Fruit Pancakes and Sausage <i>or</i> Cold Cereal		Oatmeal Cereal Toast and Fruit Grilled Bacon <i>or</i> Cold Cereal		Corn Meal Toast and Fruit Boiled Eggs <i>or</i> Cold Cereal		Cream of Wheat Cereal Toast and Fruit Egg and Ham Bake <i>or</i> Cold Cereal		Oatmeal Cereal Toast and Fruit Cheese Slice <i>or</i> Cold Cereal		Oat Bran Toast and Fruit Pan Omelet Fruit <i>or</i> Cold Cereal	
<b>Lunch</b>	 													
<b>Entrée</b>	Baked Mushroom Ravioli Caesar Salad <i>or</i> Assorted sandwiches		Chili Con Carne Garlic Stick Mix Vegetable <i>or</i> Assorted sandwiches		Cabbage Rolls Kovbasa Sliced Beets <i>or</i> Assorted sandwiches		Leek, Cheese & Potato Puff Pastry Tomato Slices <i>or</i> Assorted sandwiches		Beer Battered Cod Potato Wedges Coleslaw <i>or</i> Assorted sandwiches		Mushroom and Cheddar Quiche PEI Mixed Vegetables <i>or</i> Assorted Sandwiches		Potato and Cheese Pyrohy Turkey Sausages Tossed Green Salad <i>or</i> Assorted sandwiches	
<b>Dessert</b>	Assorted Desserts		Orange Sections		Lemon Pie		Butter Tart Pureed Apple Pie		Cheese Cake		Vanilla Ice Cream		Bananas	
<b>Soup</b>	Garden Vegetable Soup		Cream of Butternut Squash		Chicken Noodle		Broccoli Chicken		Borsht		Leek and Potato		Red Lentil	
<b>Supper</b>														
<b>Entrée</b>	Teriyaki Baked Salmon Fillet Rice Blend Peas  <b>Entrée 2</b> Meatballs with Mushroom Sauce		Southern Baked Chicken Whipped Potatoes Corn Niblets  <b>Entrée 2</b> Riblets		Sun Dried Tomato Pork Roast w Gravy Whipped Potatoes Broccoli Florets  <b>Entrée 2</b> Chicken Chunks		Hot Creamy Chicken and Mushroom Marsala Egg Noodles Winter Vegetable  <b>Entrée 2</b> Beer Battered Cod		Hot Breaded Beef Liver Whipped Potatoes Carrots  <b>Entrée 2</b> Turkey Schnitzel		Honey Garlic Pork Shanks Scalloped Potatoes Italian Vegetables  <b>Entrée 2</b> Bratwurst		Chicken Pilaf with Lemon Rice, Broccoli  <b>Entrée 2</b> Sole Fillets	
<b>Dessert</b>	Fruit Cocktail		Banana Cream Pie		Coffee Cake		Diced Pears		Apple Pie		Jell-O		Lemon Meringue Pie	
<b>PM/HS Snack</b>	Puree Fruit Cup		Cheese & Crackers		Banana		Muffin		Croissants		Yogurt		Baked Cookie	
<b>Condiments</b>	• Bread • Buns • Margarine •													

Gravy With All Meals . Soup And Dessert May Change Without Notice