

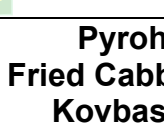

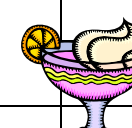





# 2020 Spring-Summer Menu (Residents only)

# Week 3

|  | MONDAY  |        | TUESDAY  |        | WEDNESDAY  |        | THURSDAY  |         | FRIDAY   |         | SATURDAY   |         | SUNDAY   |         |
|---|---|--------|--|--------|--|--------|---|---------|--|---------|--|---------|--|---------|
|   | April 20  | Aug 10 | April 21   | Aug 11 | April 22   | Aug 12 | April 23  | Aug 13  | April 24   | Aug 14  | April 25   | Aug 15  | April 26   | Aug 16  |
|   | May 18  | Sept 7 | May 19   | Sept 8 | May 20   | Sept 9 | May 21  | Sept 10 | May 22   | Sept 11 | May 23   | Sept 12 | May 24   | Sept 13 |
|   | June 15   | Oct 5  | June 16  | Oct 6  | June 17  | Oct 7  | June 18   | Oct 8   | June 19  | Oct 9   | June 20  | Oct 10  | June 21  | Oct 11  |
|   | July 13   |        | July 14  |        | July 15  |        | July 16   |         | July 17  |         | July 18  |         | July 19  |         |
| <b>Beverages</b>  | • Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •   |        |  |        |  |        |   |         |  |         |  |         |  |         |
| <b>Breakfast</b>  | Oat Bran Toast<br>Blueberry Pancakes<br><i>or</i><br>Cold Cereal  |        | Oatmeal Scrambled Eggs Toast<br><i>or</i><br>Cold Cereal   |        | Cream of Wheat Boiled Eggs Toast<br><i>or</i><br>Cold Cereal                             |        | Oatmeal Bacon Toast<br><i>or</i><br>Cold Cereal                             |         |  Cornmeal French Toast Toast<br><i>or</i><br>Cold Cereal  |         | Cream of Wheat Turkey Sausage Toast<br><i>or</i><br>Cold Cereal                            |         | Oat Bran Toast Cheese Slice<br><i>or</i><br>Cold Cereal                                    |         |
| <b>Lunch</b>  |   |        |  |        |  |        |   |         |  |         |  |         |  |         |
| <i>Entree</i>   | Asparagus and Cheddar Quiche<br>Italian Vegetables<br><i>or</i><br>Assorted Sandwiches  |        | Cabbage Rolls<br>Kovbasa Tossed Salad<br><i>or</i><br>Assorted Sandwiches  |        | Pulled Beef on a Bun<br>Greek Salad<br>Potato Wedges<br><i>or</i><br>Assorted Sandwiches |        | Salmon Salad Croissant<br>Spinach Salad<br><i>or</i><br>Assorted Sandwiches |         |  Pyrohy Fried Cabbage<br>Kovbasa<br>Sour Cream Garden Salad<br><i>or</i><br>Assorted Sandwiches |         | Chicken Strips<br>Potato Salad<br>Tossed Salad<br><i>or</i><br>Assorted Sandwiches         |         | Macaroni & Cheese with Ground Beef<br>Mixed Vegetables<br><i>or</i><br>Assorted Sandwiches |         |
| <i>Dessert</i>  | Fresh Fruit   |        | Tapioca  |        | Jell-O   |        | Sliced Bananas  |         | Rice Pudding   |         | Butterscotch Pudding   |         | Ice Cream  |         |
| <i>Soup</i>   | Tomato Vegetable  |        | Mushroom   |        | Clam Chowder   |        | Borscht   |         | Chicken Noodle   |         | Cream of Vegetable   |         | Beef Barley  |         |
| <b>Supper</b>   |    |        |  |        |  |        |   |         |  |         |  |         |  |         |
| <i>Entrée</i><br><i>*Alternative entrée</i>                                       | Beef & Vegetable Stew<br>Buttered Butternut Squash<br>Coleslaw<br><br> Savory Meatballs* |        | Coconut Crusted Chicken<br>Rice<br>Carrot Coins<br><br> Roast Beef* |        | Spaghetti & Meatballs with Tomato Sauce<br>Green Salad<br><br>Roast Turkey *             |        | Teriyaki Chicken<br>Stir Fry Vegetables<br>Wild Rice<br><br>Crunchy Perch*  |         | Baked Basa<br>Whipped Potatoes<br><br> Cantonese Pork*  |         | Swiss Steak & Onions, Gravy<br>Mashed Potatoes<br>Broccoli Florets<br><br>Chicken Fingers* |         | Ham<br>Scalloped Potatoes<br>PEI Mixed Vegetables<br><br>Chicken Cacciatore*               |         |
| <i>Dessert</i>  | Date Squares  |        |  Berry Crumble  |        | Orange Wedges  |        | Lemon Layer Cake  |         | Assorted Desserts  |         | Diced Peaches  |         | Banana Cream Pie   |         |
| <b>PM/HS Snack</b>  | Fruit Bread   |        | Fresh Banana   |        | Bon Ton Special  |        | Coffee Cake   |         | Fresh Fruit  |         | Yogurt   |         | Muffin   |         |
| <b>Condiments</b>   | • Bread • Buns • Margarine •  |        |  |        |  |        |   |         |  |         |  |         |  |         |

Gravy With All Meals – Soup And Dessert May Change Without Notice