
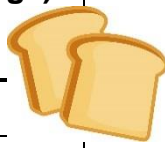
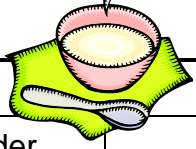




# 2018 - 2019 Fall - Winter Menu

# Vegreville Manor

# Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 12 Dec 10 Jan 7	Feb 4 March 4 Apr 1	Nov 13 Dec 11 Jan 8	Feb 5 March 5 April 2	Nov 14 Dec 12 Jan 9	Feb 6 March 6 April 3	Nov 15 Dec 13 Jan 10	Feb 7 March 7 April 4	Nov 16 Dec 14 Jan 11	Feb 8 March 8 April 5	Nov 17 Dec 15 Jan 12	Feb 9 March 9 April 6	Nov 18 Dec 16 Jan 13	Feb 10 March 10 April 7
<b>Beverages</b>	• Tea • Coffee • Juice • Milk •													
<b>Breakfast</b>	Dry Cereal Toast Fruit (banana/orange) Boiled Egg 		Dry Cereal Waffles Fruit (banana/orange) Ham Slice		Dry Cereal Raisin Toast Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange) 		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange)	
<b>Lunch</b>														
<b>Soup</b>	Creamy Tomato		Borscht		Chicken Noodle		Seafood Chowder		Vegetable		Beef Noodle		Chicken Rice	
<b>Entree</b>	Classic Chicken Burger Fries Waldorf Salad  Diced Pears		Tuna Sandwich Marinated Salad Pickle  Seasonal Fruit 		Pulled Pork Tomato Salsa Salad Bread Butter Pickle  Muffin		Hamburgers w/ cheese Sliced Tomato Onion Rings Pickle  Apple Wedges		Creamy Mac'n Cheese Baked Ham Tomato Wedge  Fruit Cocktail		Chicken Salad Bun with butter Carrot/Celery Sticks Bun  Mandarin Oranges		Toasted Bacon & Tomato Sandwich Pea Salad Pickles  Seasonal Fresh Fruit	
<b>Alternate</b>	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
<b>Supper</b>														
<b>Soup</b>	Borscht		Chicken Noodle		Seafood Chowder		Vegetable		Beef Noodle		Chicken Rice		Broccoli & Cheese	
<b>Entrée</b>	Ukrainian Plate Smoked Sausage Perogies w/ sour cream, lazy cabbage or rolls		Pork w/Sauerkraut Potato cubes Tossed Side Salad Beets		Chicken w/ mushroom sauce Rice 4 - Bean Salad Mixed Vegetables		Chef's Choice  Main Entrée Salad Vegetable		Herb Crusted Fish Twice Baked Potato Coleslaw Peas & Diced Carrots		Baked Sausage Hot Potato hash w/c Cucumber & Onion Salad Beans w/garlic		Roast Beef Mashed Potato Gravy Caesar Salad PEI Blend	
<b>Dessert</b>	Peach Cobbler		Pudding		Cherry Tart		Fruit Mix		Lemon Square		Coconut Cream Pie		Ice Cream	
<b>Alternate</b>	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
<b>Condiments</b>	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.