



Newsletter

January 2021



Health Tip:

What is dementia?

Dementia is an overall term for a set of symptoms that are caused by disorders affecting the brain. Symptoms may include memory loss and difficulties with thinking, problem-solving or language, severe enough to reduce a person's ability to perform everyday activities. A person with dementia may also experience changes in mood or behaviour.

Dementia is progressive, which means the symptoms will gradually get worse as more brain cells become damaged and eventually die.

Dementia is not a specific disease. Many diseases can cause dementia, including Alzheimer's disease, vascular dementia (due to strokes), Lewy Body disease, head trauma, fronto-temporal dementia, Creutzfeldt-Jakob disease, Parkinson's disease, and Huntington's disease. These conditions can have similar and overlapping symptoms.

Some [treatable conditions](#) can produce symptoms similar to dementia, for example, vitamin deficiencies, thyroid disease, sleep disorders, or mental illness. It is therefore important to arrange for a full medical assessment as early as possible.

Getting a timely diagnosis can help you access information, resources and support through the Alzheimer Society, benefit from treatment, and plan ahead.

Source: Alzheimer's Association <https://www.alz.org/what-is-dementia.asp>

For more information visit:

<https://alzheimer.ca/> or speak to your health care professional.

**Vegreville Manor 5913-49 Street Vegreville, AB T9C 1X4
P: 780.632.3540 F: 780.603.0861 www.smhg.ca**

What's happening at Vegreville Manor?

Jan. 6 – Orthodox Christmas Eve

Jan. 7- Orthodox Christmas



In and around Vegreville

No Activities at this time

Photo Gallery

A message regarding Goals of Care Designation (Green Sleeve)

If residents are completing a Goals of Care designation for the first time, or if there is a change to your goals of care designation, please ensure that you or a family member notify supervisor ASAP. We keep a copy of the most up to date version of your goals of care in your medical chart, and there should **only be one** in circulation. If you have any questions, Tammie would be more than happy to further discuss.

Message about Doctor's orders

If you receive new doctor's orders at appointments, please notify supervisor so we can update your medication list & notify homecare if needed. If you require assistance with applying a medication and you level of care is **NOT** SL3, the prescription must be specific, and **scheduled**. (for how long, how many times per day, which location is it being applied to, and why?)

Resident & Family Council:

Any resident or family member interested in being part of our Resident & Family Council, please see Emily or Charlotte.



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All right I got a ringer!



Such fun when you get ringers!



Never a dull moment watching the games