
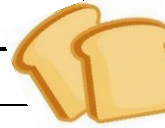







2020 - 2021 Fall - Winter Menu

Vegreville Manor

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 9 Dec 7 Jan 4	Feb 1 March 1 March 29	Nov 10 Dec 8 Jan 5	Feb 2 March 2 March 30	Nov 11 Dec 9 Jan 6	Feb 3 March 3 March 31	Nov 12 Dec 10 Jan 7	Feb 4 March 4 April 1	Nov 13 Dec 11 Jan 8	Feb 5 March 5 April 2	Nov 14 Dec 12 Jan 9	Feb 6 March 6 April 3	Nov 15 Dec 13 Jan 10	Feb 7 March 7 April 4
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Ham Slice		Dry Cereal Raisin Toast Fruit (banana/orange) Yogurt		Cream of Wheat Toast Fruit (banana/orange) Yogurt		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheddar Cheese Slice	
Lunch	 													
Soup	Creamy Potato Bacon		Chicken Noodle		Beef Vegetable		Seafood Chowder		Chef's Soup of Day		Navy Bean		Chicken Rice	
Entree	Creamy Mac'n Cheese Baked Ham Carrot Salad Diced Pears		Tuna Sandwich Marinated Salad Tropical Fruit		Chili Caesar Salad Cheesy Garlic Bread Cookie		Breakfast Egg Bun w/Sausage Pattie Orange Slices Muffin		Ham & Cheese Sandwich Stewed Tomato Pickles Fruit Cocktail		Sliced Roast Pork Cold Plate w/cottage Cheese, Tomato & Cucumbers Lime Jell-O		Toasted Bacon & Tomato Sandwich Boiled Egg Sauerkraut Salad Seasonal Fresh Fruit	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Chicken Noodle		Beef Vegetable		Seafood Chowder		Chef's Soup of Day		Navy Bean		Chicken Rice		Mushroom	
Entrée	Broiled Beef Sausage Potato Hash Steamed Cabbage Peas w/Mushroom 		St. Louis Pork Ribs Baked Potato w/toppings (Sr. cream, gr. Onion) Japanese Salad Mixed Beans w/garlic		Baked Chicken w/sauce Rice Tossed Salad Carrots		Chef's Choice Main Entrée Salad Vegetable		Herb Crusted Fish Roasted Cubed Potato Coleslaw Peas & Diced Carrots		Hamburgers w/ cheese Sliced Tomato, Lettuce Onion Rings Bread 'n Butter Pickles 		Roast Beef Mashed Potato Gravy Caesar Salad PEI Blend	
Dessert	Peach Cobbler		Pudding		Cherry Tart		Baked Apples		Lemon Square		Ice Cream		Coconut Cream Pie	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.