



St. Michael's
HEALTH GROUP

Volunteer Vibe

FOSMSOE DEDICATION

January 2019

The Friends of St. Michael's Society of Edmonton had another very productive year raising funds to help purchase much needed equipment and support special programs and services at the 4 St. Michael's care sites. In this past year, our group worked 78 Bingo events at 3 bingo halls. The FOSMSOE Executive meets monthly to make decisions about funding, about how they can promote and assist the mission of St. Michael's Health Group and how they can make a difference in the lives of the residents who call St. Michael's home.

45 requests were funded last year totaling **\$175,695.21**. Listed below are some of the items we were able to purchase with the funds that we raised:

- Java Memory Care Program using music for resident engagement
- Snack display case for a more sanitary dispensing of snacks
- 4 Shower Commode Chairs
- ROHO mattress overlays
- Moist heat hot packs for treatment of sore muscles and joints
- 4 Broda chairs
- A DVD player
- 12 months of recreation activities for Long Term Care Residents
- 2 Portable Suction machines and the suction kits with bottles
- Comfort Fund account –to help pay for lost personal items of residents
- 12 months of recreation activities for Millennium Pavilion Residents
- 12 months of recreation activities for Grove Manor Residents
- Pulse Oximeter
- 2 Blood Pressure Cuffs
- 12 months of recreation activities for Vegreville Manor Residents
- 27 dementia memory boxes
- Oxygen concentrator
- Overbed lift in a private resident room - bariatric
- Paraffin blocks for arthritis treatment
- Various recreation and craft supplies
- Zoo2 U Animal Presentation
- 24 medium sized lift slings
- Mini Mental State Exam
- Stainless steel ice maker
- 6 gait belts to help transfer residents
- Staff tea event to honour residents who have passed away
- Annual Donation to the St. Michael's Society
- Sit to Stand lift for assisting residents
- IV Poles to deal with the needs of more medically complex residents
- 2 Ceiling lifts
- Murals for Doors on both floors to help give a more homelike atmosphere
- Comfort Care Space slings

Daria Luciw, Director, Fund Development & Communication

Welcome our new FOSMSOE Volunteers!

Mary Cherniawski
Ivan Dacko
Andy Dalwood
Deborah Dalwood
Marg Day
Delfina Gallo
Michelle Henderson
Linda Jantzi
Barbara Koziak
Marge Laing
Pam Malanchuk
Myron Pyszcz
Dianne Taschuk
Jason Walker
Al Waselenchuk

Did you know...

Our FOSMSOE volunteers worked **78 bingos** this past year which equals **6,528 hours!** This also equals **1,088** volunteer shifts!

**THANK
YOU
FOSMSOE**



Way to go Alana!

Alana Gersky has been a volunteer with St. Michael's Long Term Care Center for 5 years. She assists in the Hair salon and with Laundry on a weekly basis. Her daily role is to help in the housekeeping department with folding resident's clothes. Once done, she enjoys helping in the hair salon and accompanying residents to and from appointments. Alana loves to assist Beth, our hair stylist, with needed work. During her free time, Alana enjoys writing short stories and listening to music. She also loves to socialize with staff and residents. Alana is a client with the Selections Agency which means she gains experience and qualifications which will one day assist her in getting a paid position somewhere.



We have seen Alana grow and mature over the past 5 years through her commitment to her volunteer work. We truly appreciate the work that Selections Agency volunteers do for St. Michael's. We also appreciate St. Michael's staff who take the time to work with the volunteers and build relationships with them and teach them new responsibilities and give them the ability to work and learn.

Svitlana Kadziela/Volunteer Coordinator

We wish a very **Happy Birthday** to the following volunteers!

- Nancy Doherty (January 1)
- Margaret Niehaus (January 10)
- Steven Niles (January 10)
- Fr. Don Bodnar (January 13)
- Joyce Buchanan (January 15)
- Gerry Beauchamp (January 22)
- Carole Bohaychuk (January 26)
- Laryssa Jamin (January 31)
- Shirley Marchuk (February 3)
- Della Kostyshen (February 14)
- Mary Cherniawski (February 23)
- Andrew Dalwood (February 26)



Volunteer help is "heart" work!!!

Every day, but particularly during the month of February, we wish to express our love and appreciation for those who hold a special place in our hearts – our Volunteers. At St. Michael's, the volunteers have a special place in the hearts of all the staff members and residents. Each and every one of our volunteers plays an important role in making St. Michael's a caring and loving home for our residents! Volunteering it is a work of "heart" and this work really shows through the love and care they show for our residents. We truly appreciate the time they give which brings so much joy to our residents. The heart of a volunteer is not measured in size, but by the depth of the commitment to make difference in the lives of others and our residents.

So during this month, don't forget to show your love for the special someone who you hold in your heart, and for our volunteers, and let them know you appreciate their "heart" work!

Svitlana Kadziela/ Volunteer Coordinator

